

Four Seasons of Kurihara

Experience the allure of Kurihara, a peaceful town with abundant nature













Kurikoma Koei wana-don

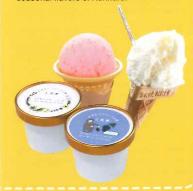
In the Koei district of Kurikoma, five restaurants sell the "Kurikoma Koei Iwana-don." This is a bowl of rice pped with char from the streams of Mt. Kurikoma, epared and seasoned differently by each shop.

The Japanese yam is a wild species of yam indigenous to Japan.

The Japanese yams of the Hanayama district are grown utilizing the cool climate and natural environment that is similar to where they grow in the wild, and reputed to be sweet, flavorful, and fragrant. "Mugitoromeshi," featuring this yam grated with barley



Enjoy gelato and sherbet made from local seasonal fruits and vegetables. Available flavors change with the season. Taste the seasonal flavors of Kurihara!



🚻 Hanayama soba

The difference in temperatures between night and day in the foothills of Mt. Kurkoma make the locally grown soba (buckwheat) exceptionally delicious. In every area of Kurihara you can enjoy fragrant soba dishes. At the "Shin-soba Festival" you can enjoy eating three types of fresh soba; fresh ground, fresh kneaded, and fresh boiled.



Kurihara. Mochi dishes have been traditional for New Year's and other feasts since long ago. Boiled freshwater shrimp packed into white mochi to form "shrimp mochi," one of the distinctive mochi dishes of Kurihara.





ocal sake

The breweries here boast long histories here where excellent local sake is brewed from various types of delicious sake rice grown in Kurihara. Water from the clear streams of the Kurikoma mountain range are used to make the sake, where fans will find an array of exquisite selections.



to come!

This is a completely new type of Japanese beef in which 14 types of herbs are blended to make feed mixed with Chinese herbs. The melting point is low at about 23.9 degrees, so you can enjoy the texture of this soft beef melting in your mouth.



Hiking on Mt. Kurikoma

Mt. Kurikoma, which is an easy mountain to hike even for beginners, officially opens to summer hikers on the 3rd Sunday in May, when there is still snow. Hikers can enjoy alpine flora during June and July, and beautiful fall colors at the end of September

●Inquiries:A general incorporated association Tourism & Local Products Association Kurihara City ☎0228-25-4166



Enjoy an adventure in a stream

This experiential program allows participants to camp on the Hanayama lakeshore, enjoy competitive outdoor activities, observe nature, play in the streams, and enjoy many other activities out in a beautiful natural area.

●Inquiries:A general incorporated association Tourism & Local Products Association Kurihara City ☎0228-25-4166

Experience -zome. Japanese indigo dyeing



Old Wakayanagi Station

This formerly important station on the now discontinued Kurihara Den'en Railway, nicknamed "Kuriden," was sadly closed in 2007. Now this area is a railway park.

Old Kurihara Den'en Railway Wakayanagi Stat

- 15 minutes by car from JR Kurikoma-Kögen Station
- 5 minutes by car from the Wakayanagi-Kannari IC on the Tohoku Expresswat

 ●Inquiries: Kurihara City Planning and Design Division

 ☎0228-22-1125

Hosokura Mine Park

This mine tunnel theme park was renovated and reopened in July, 2016. The Hosokura Mine was discovered about 1200 years ago, and was used to mine lead, zinc, gold, and silver. After closing in 1987, it became popular as a spot for learning about mines, and many tourists have visited the new Hosokura





Hosokura Mine Park DATA

- Address: 2-3 Uguisuzawanango Yanagisawa, Kuriha
 40 minutes by car from JR Kurikoma-Kögen Station
 40 minutes by car from the Wakayanagi-Kannari IC
- on the Tohoku Expressway ●Inquiries: Hosokura Mine Park ☎0228-55-3215

Sendai Han Hanayama Village Trace of Nuruyu Bansho Nuruyu Bansho was a checkpoint on the Akita side of the Hanayama-goe check-

point that leads to the Ogachi District in Akita. It was called the "Sendai Domain Hanayama Village Nuruyu Bansho Site." It became a border sentry station when Masamune Date came to Iwadeyama in the early 16th century. For the next 200 years those who passed through had their goods inspected here. In the 1850s there was additional construction to build a style of temple gate featuring four supporting pillars and a garbled roof to house government officials.

Sendai Han Hanayama Village Trace of Nuruyu Bansho

Address: Honsawanuruyu Hanayama, Kurihara-shi, Miyagi
 50 minutes by car from JR Kurikoma-Kogen Station

●Inquiries: :☎0228-56-2040 (Hanayama Onsen Nuruyu Sanso)

45 minutes by car from the Tsukidate IC on the Tohoku Expressway



World Marsh Primeval Flower Garden

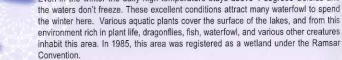
The name means vast marshland. This wetland spans across the mountainside of Mt. Kurikoma, and is home to many varieties of alpine plants. From May through September, visitors can enjoy walks surrounded by various flowers. It's also a great place from which to view Mt. Kurikoma, making it a place to enjoy both flowers and mountains.

World Marsh Primeval Flower Garden DATA

ddress: Kneiminami Kurikomanumakura Kurihara-shi Miyani

50 minutes by car from the Wakayanagi-Kannari IC on the Tohoku Expresswa Inquiries:A general incorporated association Tourism & Local Produc

\$10228-25-416



Kurikoma Merchant Doll Festival

Along the traditional shopping street in the Iwagasaki district of Kurikoma, a festival called the "Kurikoma Merchant Residence Doll Festival" is held every year around the time of the peach festival. Visitors can view traditional dolls handed down for generations in the Kurikoma Merchant Residence at various stops. There are shops and a special exhibit at the main event space for visitors to enjoy.

Kurikoma Merchant Doll Festival DATA

Address; Mulkamachi Kurikomalwagasaki, Kurihara-shi, Miyat
 Inquiries: Kurikoma Uguisuzawa Commercial and Industrial

What is the Kurikoma Sanroku Geopark?

A story of coexistence with natural disasters and this vast fertile land.



In 2008, there was an inland earthquake in Iwate and Miyagi. This earthquake caused various destruction along the ground from the peak of the Kurikoma volcano all the way to the base. This has occurred repeatedly since ancient times. With the movement of the earth the shape of the land changes perpetually, and we were able to

It was certified as a Geopark in 2015! You can really feel how amazing nature is.

witness one of those moments.





Topography around the mountain peak

Step into a colorful natural environment with snowy gorges eroded into the mountainside, clusters of thousand year old Thuja Standishii trees that grew on firm plateaus, and more.



Landslide area at the base of the volcano This area, including an old hiking trailhead, was

severely affected by the Miyagi inland earthquake in 2008, but now the area if rich in beautiful



A geopark guide will show you around.

There are transitions in the dynamic landscape, beautiful natural views, historical mines and roads, and cultural heritage sites. The guide will show you around the various geological sites in the Kurikoma Sanroku Geopark

(Guide fee: 2,000 yen per hour)

Kurikoma Sanroku Geopark is spreading the word throughout the country about its restoration since the 2008 inland earthquake in Iwate and Miyagi.



The three "Hasama" Rivers lowland area (Hasama Sansen)

The three Hasama Rivers flow from Mt. Kurikoma Learn about the lives of the people that lived here and their struggles to cultivate rice and deal with

The word Geopark was born of a combination of the words "geo," meaning relating to the Earth, and "park." The goal of the park is to allow many visitors to come and enjoy the park while preserving the precious geological treasures, natural landscapes, history, and culture of the area. As Kurikoma Sanroku Geopark guides, we'll show you around while explaining everything in any easy-to-understand manner.





(Inquiries) Foot of Mt. Kurikoma Geopark Promotion Association

(Kurihara Industrial and Economic Division Geopark Promotion Office)

TEL 0228-21-0020 FAX 0228-23-5370 Homepage: http://www.kuriharacity.jp/index.cfm/9,0,132,html Facebook: https://www.facebook.com/geo.kurikoma







Warm your body and heart in the natural hot springs blessing Kurihara





Hanamaya Onsen Nuruyu Sanso

This inn is located next to Nuruyo Bansho Site, just across the border into Akita. This exceptional hot spring has a large indoor bath as well as an outdoor bath. Bathers can enjoy spectacular views of fresh green as well as beautiful fall colors.



Miura Ryokan

This hot spring is located at the trailhead of the Yubama trail up Mt. Kurikoma. This atmospheric ryokan is loved by hot spring fans, and famous as the inn of lamps.

Miyagi &FAX 090-8925-0204 (satellite phone 20228-52-4396 (during the winter)



Kannari Onsen Kannari Ennenkaku

This hot spring is a day spa that boasts high quality silky water and a great location with excellent views of Mt. Kurikoma

 32 Misawa Kannari, Kurihara-shi, Miyag ☎0228-42-1121 FAX0228-42-1123 Open 365 days a year



Takamori no Yu Natural Onsen

This hot spring bathing facility opened on September 30, 2016. Only fresh flowing spring water (a salt, hypotonic, alkalescent, and high temperature) is used. Please enjoy quiet luxurious time here.

Miyaqi 20228-24-7161 FAX0228-24-7162 Closed: The first Monday of each month, Nev

Hairuzamu Kurikoma

This hot spring lodging complex is located on the side of Mt. Kurikoma. There is a health promotion facility for quests as well as a flowing water pool. sauna, and cottages. The spacious open air bath in particular is exceptional.

shi, Miyagi 20228-43-4100 FAX0228-43-400



Komaino Yu Onsen

This hot spring is a warm 38 to 39 degrees Celsius. In the 7 square meter bathtub, water flowing directly from the source fills the tub,

Miyagi 20228-46-2110/FAX0228-46-2110 Closed: Wednesdays and during the winter



Kurikomaso

This hot springs inn is located in a mountain valled surrounded by a beech forest. The authentic Matagi (traditional hunters of the region) cuisine and the cha dishes are popular. Guests may come during the day to enjoy a bath and a meal without spending the night.

shi, Miyagi 20228-46-2036 FAX0228-46-203



Kurikoma Sanroku) Sakura no Yu

This atmosphere inn is located in a mountain valley. There is hokutolite (radium ore) at the spout, and the water itself boasts a soft texture with a light brown color.

Miyagi 20228-47-2111 FAX0228-47-2111

Information regarding lodging facilities and more in Kurihara

	Facility name	Address		
Business hotel	City Hotel Kurihara	1-3-4 Miyanochuo, Tsukidate	0228-22-6111	G
Business hotel	Business Hotel Shibataya	2-5-39 Izu, Tsudate	0228-22-2053	G
Business hotel	Business Hotel Tsukidate	4-11-21 Yakushi, Tsukidate	0228-22-8888	R
Hotel	Hotel Grand Plaza Urashima	18 Aza-Shimomiyanomachishita, Tsukidate	0228-22-4155	R
Ryokan	Suzuharu Ryokan	4-8-17 Yakushi, Tsukidate	0228-22-3269	R
Learning facility	Izunuma Exchange Center	61-1 Kamihataoka Ugyozawa, Wakayanagi	0228-33-2831	R
Business hotel	Annex Hotel Abe	24-3 Kawaminamitsutsumidori, Wakayanagi,	0228-32-7411	R
Business hotel	Business Hotel Wakayanagi	41 Kawaminami Minamicho, Wakayanagi	0228-35-3080	R
Farmer's guest-house	Ariga no Sato Takamatta	6 Aza Mina, Ariga, Wakayanagi	0228-32-5857	R
Ryokan	Abe Ryokan	40 Aza-Kawaminami Minamicho, Wakayanagi	0228-32-2303	Fa
Ryokan	Nakata Ryokan	14-15 Aza-Kawaminami Minamiodori, Wakayanagi	0228-32-2056	R
Simple lodging	Kurikoma Kogen Nature School	57-1 Koeihigashi Kurikomanumakura	0228-46-2626	В
Business hotel	Art Inn Sugawara	35 Muikamachi Kurikomaiwagasaki	0228-45-2035	L

	Facility name	Address	
Guest-house	Minshuku Magusamori	50-2 Koeiminami Kurikomanumakura	0228-46-215
Guest-house	Kurikoma Mori no Shuku Kazenoiro	36-3 50-2 Koeiminami Kurikomanumakura	0228-46-228
Ryokan	Izumi-so	3-1 Machiushiro Kurikomaiwagasaki	0228-45-113
Ryokan	Okamoto Ryokan	31 Moniwamachi Kurikomaiwagasaki	0228-45-113
Ryokan	Sadake Ryokan	46-2 Numajirimae Kurikomanakano	0228-45-127
Ryokan	Monjuya Ryokan	51-6 Kagado Kurikomamonji	0228-47-202
Ryokan	Yamaguchi Ryokan	26 Kawaguchi Nakamachi, Ichihasama	0228-54-282
Ryokan	Tokiwa Ryokan (Inquire first)	97-5 Shimoda Semine	0228-38-201
Ryokan	Ujiie Ryokan	4 Nangokitazawamukai Uguisuzawa	0228-55-200
Farmer's guest-house	Farm Inn Kawasemi	8 Kamitomida Kannari	0228-42-219
Ryokan	Sato Ryokan	2-8 Kanbaramae Kannariarikabe	0228-44-200
Business hotel	Hotel Epoca	279-2 Shiwahime Shinkumaya	0228-23-886
Learning facility	National Hanayama Youth Center	61-1 Honsawanumayama Hanayama	0228-56-231

*Rvokan...a Japanese style hotel

